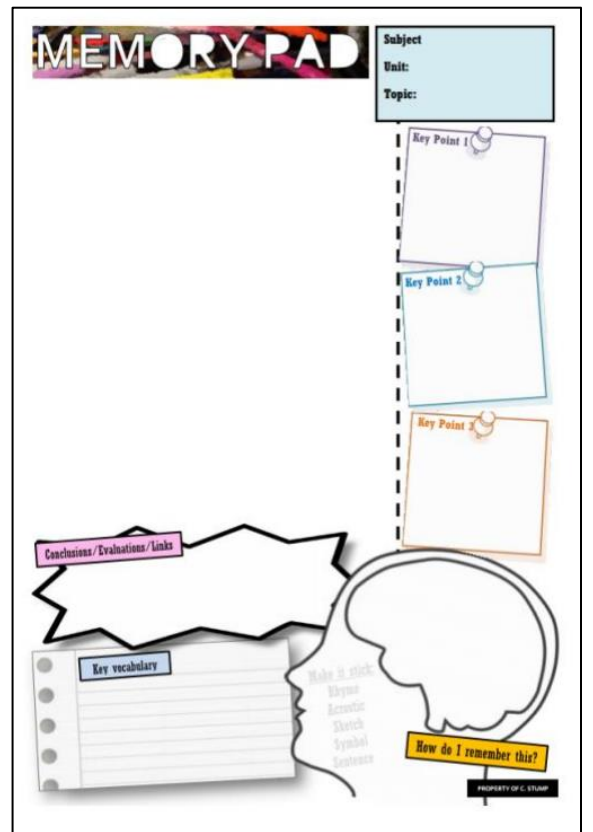


Create a 'Memory Pad'

- Use your exercise book to find notes on a particular topic area or a particular unit of work.
- Read back through class notes/exercise books/work sheets and decide which information is important.
- Summarise the important information on this section of the memory pad. You may also want to add simple pictures or diagrams to draw your attention.
- Add 3 key facts that you MUST remember to the key point boxes on the right hand side.
- Place any key words in the key words section below.

Want to really impress?

- Come up with a way of remembering this key information. Can you create a mnemonic or a clever link?
- Can you come up with an appropriate conclusion for this topic area or an explanation of how it links to another one?



Thinking hard: Reduce

- Read a section of your notes/classwork and put it aside.
- Reduce the information into 3 bullet points with no more than 10 words per bullet point.
- **Check your notes!** Did you miss anything important?
- Hide your notes and write a fourth bullet point.



Thinking hard: Transform

- Read a section of your notes/classwork
 - Transform it into a diagram, chart or sketch... **NO WORDS ALLOWED!**
 - Use your diagram to explain the topic to someone else. Does your diagram include everything?
- Want to try the opposite?** Look at diagram or picture... can you transform it into a written paragraph?

Key Vocabulary

- Make a list of key terminology/key words
- Define each word
- Use each word in a sentence
- Create a question where the key word is the answer
- Identify another word which connects to the key word. Can you explain your connection?



Quiz Master

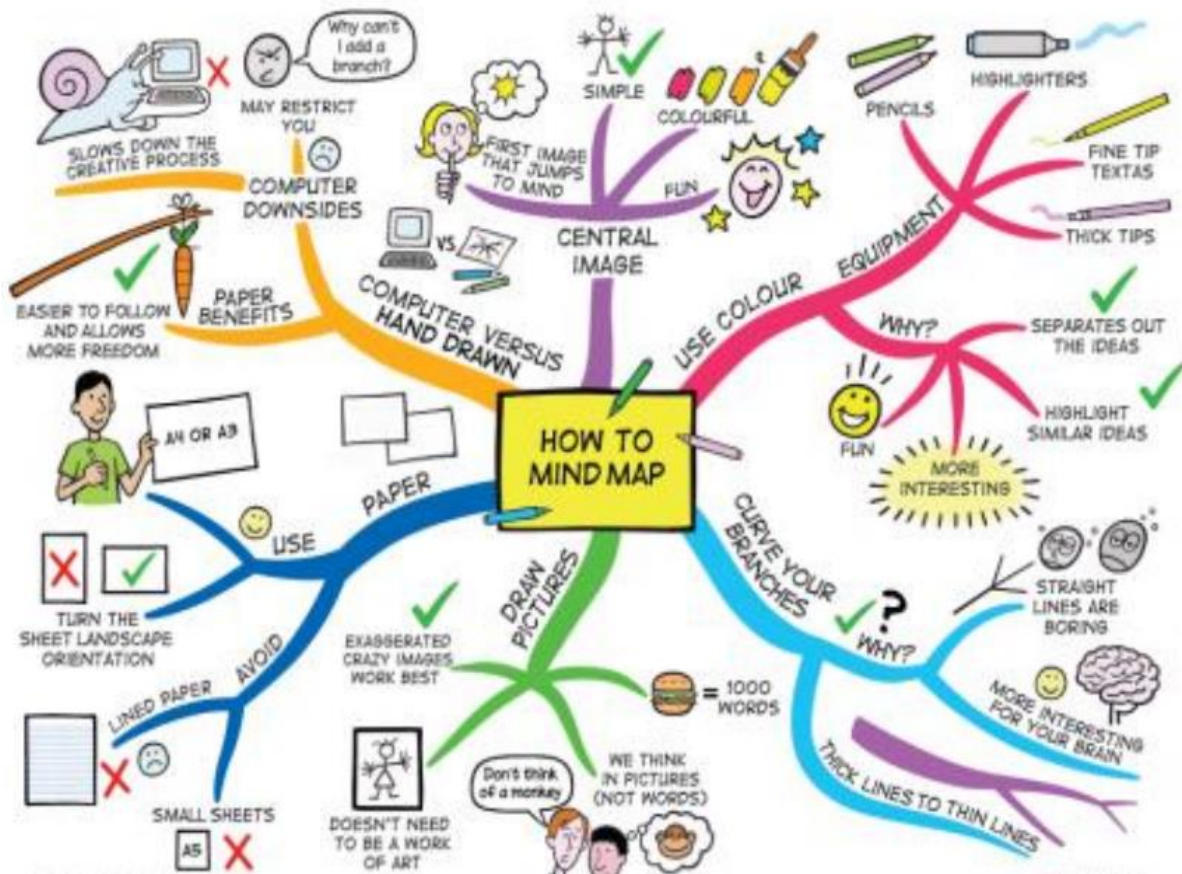
- Read a section of your notes/classwork
- Write 5 questions, with answers, based on the key information
- Hide the answers from yourself and ask someone to test you!
- On your own? Hide the answers and write them again on a different piece of paper or say them out loud!

Mind Mapping:

- Identify the knowledge you want to include in your mind map. Have your exercise book handy!
 - Place the main topic in the centre of your page. Draw a bubble or a box around it!
 - Identify 'sub topics' that branch off from the main topic. Don't pick more than 4 or 5!
 - Branch off your sub topics with key information that you need to remember!

Tips and tricks for a good mind map:

- Try not to fill the page with too much writing – use short, key points
- Use images and colours to help make topics stick in your memory
- Beware of 'overcrowding' your mind map – keep it simple and to the point!
- Put it somewhere visible. Can you stick it up at home? Make sure you look at it every time you walk past!



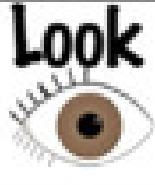




What a good one looks like:



Summarise key information:

- Read back through class notes/exercise books/work sheets
- Highlight or underline important information
- **Summarise** important information onto a post it or into a small box in your journal
- Take the summary and explain the topic area to someone else.

Look: Say: Cover: Write: Check:

 Look	 Say	 Cover	 Write	 Check
Look at the key information in your class notes/exercise book	Say the information out loud to yourself or someone else three times	Cover the information	Write the information you can remember in your journal	Check the information is correct. Add things you forgot in a different colour

You may need to repeat this process two or three times until you can remember everything!
You might want to repeat this process on different days of the week with the same information.

Create flashcards

1. Take a flashcard/cut a small piece of paper
(You could even divide a page in your journal)
 2. Summarise the KEY information onto the card using the tips here.
- You can use flashcards for questions too... put the question on one side and the answer on the other!
When your cards are complete, ask someone to test you!

HOW TO MAKE A GOOD FLASH CARD 🤔

- ✓ **Two-sided** flashcards are good; one side for the **title** and the other for the **content**.
- ✓ Try to include between **five** and **ten points** on each card.
- ✓ Keep them **colourful!** You could **highlight** or **underline** key words, use **images, doodles, photos** and even **colour code** cards for each subject.
- ✓ **CAPITAL** letters are encouraged as these take slightly **longer** to write and can aid memory.

Create mnemonics:



Richard (red)
Of (orange)
York (yellow)
Gave (green)
Battle (blue)
In (indigo)
Vain (violet)

- Find a small piece of information (maximum 6 key words or phrases)
 - Take the first letter of each word you need to remember
 - **Be creative! What words can you use to represent this letter?**
- Once you have your mnemonic, make sure you repeat it over and over again.
 - **Always check... can you remember the original information?**

Use Brain Dumps:

- Choose a topic and write down as much as you can remember on a page WITHOUT looking at your exercise book!
- Check your book to see what you have missed. Recite this information out loud.
- **Hide your book again!** Can you now add the information to your brain dump?
- **Complete a final check.** Add any information you were still missing to your brain dump.

