



# ST GEORGE'S ACADEMY

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The Company is Registered in England and Wales no: 7087804

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Limited by guarantee

4 July 2022

Dear Parent/Carer

## Ruskington Campus Sports Day – Thursday 7 July 2022

The annual inter house Sports Day competition at the Ruskington Campus takes place this year on Thursday 7 July 2022. This is an opportunity for all students to be involved and represent their house in one of the athletic events. All students are encouraged to take part in at least one event to support their house team however any students who do not take part will be supervised by members of staff and spectate.

All those Year 9 and 10 students involved will take part during period 1 and 2, attending normal lessons for the rest of the day. Year 7 and 8 will all take part during period 4 and 5, attending normal lessons in the morning.

Track events; 100m / 200m / 800m  
Field events; Shot Putt / Javelin / Discus  
Team events; 4 x 100m Relay / 8 x 50m Relay / Tug of War

Students must be prepared for the day in the following ways;

- Bring a water bottle (not fizzy drinks) to keep themselves hydrated
- Apply sun cream before school and reapply during the day especially if fair skinned

What to wear;

**ALL students must come to school wearing CORRECT ACADEMY PE kit for the day (Except those Year 9 and 10 students who are not taking part who should attend in normal school uniform). There will be NO changing facilities available.** (Blue Academy PE Shorts / Plain White T shirt / White Socks / Trainers). This will make any team changes easy to implement.

Students **may compete** in **black running shorts** but must wear PE shorts over the top when not competing and in normal lessons. Students also have the option of wearing their school rugby top and/or black/blue tracksuit trousers (or similar loose fitting trousers) if necessary. **Leggings are not appropriate. Academy extra-curricular sports hoodies are also not acceptable. Students MUST NOT attend school in football shirts / jeans / skirts or any other items of non-uniform** and are advised to leave any jewellery or valuables at home.

Please encourage your child to take part with determination and a good sporting attitude, congratulating their opponents whether they win, lose or draw.

Yours sincerely

**Miss L Cox**  
Director of Physical Education & Sport



St George's Academy  
**Partnership**  
School Centred Initial Teacher Training

