

## COVID-19: INFORMATION FOR ETHNIC MINORITIES AND TRAVELLERS IN DIFFERENT LANGUAGES

DESCRIPTION	LINK	LANGUAGES
<b>FOR ADULTS</b>		
<p><b>Coronavirus NHS guidelines</b></p> <ul style="list-style-type: none"> <li>- What Covid19 is</li> <li>- Who is at risk</li> <li>- How to protect yourself</li> <li>- Isolation guidance</li> <li>- When to contact NHS 111</li> <li>- Worried about immigration status and NHS</li> </ul> <p>(4 pages)</p>	<p><a href="https://www.doctorsoftheworld.org.uk/coronavirus-information">https://www.doctorsoftheworld.org.uk/coronavirus-information</a></p>	<p>48 languages.</p>
<p><b>Videos (NHS &amp; HM Government)</b></p> <ul style="list-style-type: none"> <li>- Essential Info about Covid19</li> <li>- Spot the signs</li> <li>- Hand washing</li> </ul> <p>(1 to 2 minutes long)</p>	<p><a href="https://migrantinfohub.org.uk/multilingual-resources">https://migrantinfohub.org.uk/multilingual-resources</a></p>	<p>Arabic, Bengali, Czech, Farsi, Kurdish Sorani, Polish, Punjabi, Romanian, Slovak, Tigrinya, Urdu.</p>
<p><b>Videos (Roma support group)</b></p> <ul style="list-style-type: none"> <li>- General advice</li> <li>- Explaining Social distancing</li> <li>- Government advice</li> <li>- Messages from Roma community members</li> </ul>	<p><a href="https://www.romasupportgroup.org.uk/resources-for-the-roma-community.html">https://www.romasupportgroup.org.uk/resources-for-the-roma-community.html</a></p>	<p>Romanian Romanes dialect, Slovak Romanes dialect, Slovak, Romanian.</p>
<p><b>Stay at home leaflet. Lincolnshire Police</b></p> <p>(1 page)</p>	<p><a href="https://www.lincs.police.uk/news-campaigns/campaigns/coronavirus-covid-19/stay-at-home-advice/">https://www.lincs.police.uk/news-campaigns/campaigns/coronavirus-covid-19/stay-at-home-advice/</a></p>	<p>Bulgarian, Latvian, Lithuanian, Polish, Romanian</p>

<p><b>Government self-isolation guidance</b></p> <p>(7 to 12 pages)</p>	<p><a href="https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance">https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance</a></p>	<p>Arabic, Bengali, Chinese/Cantonese, Chinese/Mandarin, French, Gujarati, Polish, Portuguese, Punjabi, Urdu, English.</p>
<p><b>Government social-distancing guidance</b></p> <p>(5 to 7 pages)</p>	<p><a href="https://www.gov.uk/government/publications/covid-19-guidance-on-social-distancing-and-for-vulnerable-people">https://www.gov.uk/government/publications/covid-19-guidance-on-social-distancing-and-for-vulnerable-people</a></p>	<p>English, Arabic, Bengali, Chinese/Cantonese, Chinese Mandarin, French, Gujarati, Polish, Portuguese, Punjabi, Urdu, Welsh.</p>
<p><b>Guidance on shielding and protecting extremely vulnerable persons</b></p> <p>(7 to 12 pages)</p>	<p><a href="https://www.gov.uk/government/publications/guidance-on-shielding-and-protecting-extremely-vulnerable-persons-from-covid-19">https://www.gov.uk/government/publications/guidance-on-shielding-and-protecting-extremely-vulnerable-persons-from-covid-19</a></p>	<p>Arabic, Bengali, Traditional Chinese/Cantonese, Simplified Chinese/Mandarin, French, Gujarati, Polish, Portuguese, Punjabi, Urdu, Welsh.</p>
<p><b>COVID-19 resources for supporting Gypsy, Traveller and Boater communities</b></p> <ul style="list-style-type: none"> <li>- COVID-19 Managing Traveller sites, unauthorised encampments and supporting people living on canal boats</li> <li>- Stay at home: Guidance for Gypsy, Traveller and Liveaboard Boater households with possible coronavirus (COVID-19) infection</li> <li>- COVID19: Advice for Gypsies and Travellers who are extremely vulnerable</li> </ul>	<p><a href="https://www.gypsy-traveller.org/covid-19/">https://www.gypsy-traveller.org/covid-19/</a></p>	<p>English.</p>
<p><b>Every Mind Matters: top ten mental health tips.</b></p> <p>Short video (1:13) No sound.</p>	<p><a href="https://www.youtube.com/channel/UCB8Cuxkh-OG0Lj1Y8A6_pSg">https://www.youtube.com/channel/UCB8Cuxkh-OG0Lj1Y8A6_pSg</a></p> <p><a href="https://www.nhs.uk/oneyou/every-mind-matters/coronavirus-covid-19-anxiety-tips/">https://www.nhs.uk/oneyou/every-mind-matters/coronavirus-covid-19-anxiety-tips/</a>          (English printed version).</p>	<p>Bengali, Gujarati, Polish, Punjabi, Romani, Romanian, Russian, Somali, Urdu.</p> <p>Printed version in English with access to videos</p>

FOR CHILDREN		
<b>Hi! I'm a virus.</b> - Information - Activities	<a href="https://www.mindheart.co/descargables">https://www.mindheart.co/descargables</a>	English, Spanish, Italian, Portuguese (Brazil), Portuguese (Portugal), French, Polish, Hebrew, Indonesian, German, Turkish, Russian, Egyptian Arabic, Arabic, Romanian, Hungarian, Greek, Danish, Serbian, Croatian, Welsh, Japanese, Chinese, Dutch, Persian,
<b>My hero is you, storybook for children on Covid-19</b>	<a href="https://interagencystandingcommittee.org/iasc-reference-group-mental-health-and-psychosocial-support-emergency-settings/my-hero-you">https://interagencystandingcommittee.org/iasc-reference-group-mental-health-and-psychosocial-support-emergency-settings/my-hero-you</a>	Albanian, Arabic, Bahasa Indonesia, Bahasa Malay, Bulgarian, Burmese, Chinese, Croatian, Czech, Danish, French, German, Greek, Icelandic, Italian, Japanese, Korean, Latvian, Mongolian, Polish, Portuguese, Romanian, Russian, Slovak, Sinhala, Spanish, Tamil, Tigrinya, Turkish, Ukrainian, Vietnamese.

**To sign up to WHO's coronavirus WhatsApp information service:**

- Arabic Send "مرحبا" to +41 22 501 70 23 on WhatsApp [wa.me/41225017023?text=مرحبا](https://wa.me/41225017023?text=مرحبا)
- English Send "hi" to +41 79 893 18 92 on WhatsApp [wa.me/41798931892?text=hi](https://wa.me/41798931892?text=hi)
- French Send "salut" to +41 22 501 72 98 on WhatsApp [wa.me/41225017298?text=salut](https://wa.me/41225017298?text=salut)
- Hindi Send "नमस्ते" to +41 22 501 73 41 on WhatsApp <https://wa.me/41225017341?text=नमस्ते>
- Italian Send "ciao" to +41 22 501 78 34 on WhatsApp <https://wa.me/41225017834?text=ciao>
- Spanish Send "hola" to +41 22 501 76 90 on WhatsApp [wa.me/41225017690?text=hola](https://wa.me/41225017690?text=hola)
- Portuguese Send "oi" to +41 22 501 77 35 on WhatsApp <https://wa.me/41225017735?text=oi>

\*\*\* Updated on 23/04/2020