

Life Skills Curriculum Overview Sept 2020-2021 – Key Stage 3

		Unit 1	Unit 2	Unit 3	Unit 4	Unit 5	Unit 6
Year 7	Returning to school after lockdown	MY WORLD -Managing transition <ul style="list-style-type: none"> Rules and Routines, expectations and clear boundaries Hopes and fears Pastoral side of education Everyone’s different Emotional mapping Speech writing Form elections Anxiety Social media intro 	TOLERANT WORLD – Friendships and relationships <ul style="list-style-type: none"> What makes me, me? Tolerating others Bullying Resolving conflict (restorative approach) Helping others Racism Religion Homophobia Radicalisation British values 	SAFE WORLD – Health and hygiene <ul style="list-style-type: none"> Cleanliness Changes through puberty Healthy diet The importance of exercise Emotional health and well-being Where and who to seek help from 	TOLERANT WORLD – British values <ul style="list-style-type: none"> Britishness British values History of migration Polish migration to the UK Immigration to the UK Refugees Managing my behaviour Self-control Honesty 	FAIR WORLD – Local and Global issues <ul style="list-style-type: none"> Brexit Plastic world Gaming addiction Sleep awareness Kindness to one another within our academy community Online world Online safety 	MY WORLD – My online world <ul style="list-style-type: none"> Internet awareness Privacy settings Internet and social media laws The benefits and the dangers of the internet YouTube and social media Online Gaming The power of the web
Year 8	Returning to school after lockdown	MY WORLD – Relationships <ul style="list-style-type: none"> Self-esteem and self-respect Changing family relationships Losing relationships Social media relationships Cyberbullying Grooming Mental health Forced marriage 	SAFE WORLD – Alcohol, Smoking and Drugs <ul style="list-style-type: none"> Alcohol and its effects Alcohol and its effects on others Tobacco Vaping Cannabis Legal Highs & Substance abuse 	AMBITIOUS WORLD – Options <ul style="list-style-type: none"> Questions about options Personal skills What am I good at? What jobs am I interested in? What qualifications will I need? 	FAIR WORLD – Rights and responsibilities <ul style="list-style-type: none"> Responsibilities to yourself Responsibilities to others Charity and Aid Kindness in the way that we act and speak 	TOLERANT WORLD – Dealing with difference <ul style="list-style-type: none"> Different genders Different religion Different ethnicities Different sexualities British values Self-control. LGBT 	FREE WORLD – UK Government <ul style="list-style-type: none"> What rights do we have? Who enforces human rights? Political parties? How do we choose who rules us? Is our political system fair? Brexit Mock elections

My world, Tolerant world, Safe world, Free world, Fair world, Ambitious world

Life Skills Curriculum Overview Sept 2020-2021 – Key Stage 4

		Unit 1	Unit 2	Unit 3	Unit 4	Unit 5	Unit 6
Year 9	Returning to school after lockdown	FAIR WORLD – Crime and Justice <ul style="list-style-type: none"> • What is crime? • Who commits crime? • How are criminals punished? • You be the Judge • The Death Penalty • Youth justice • What is prison like? • Victim support • How crime could impact your life 	MY WORLD – My technology world <ul style="list-style-type: none"> • YouTube and radicalisation • Gambling online • Money lenders online • Identity • TV 	TOLERANT WORLD – How to react <ul style="list-style-type: none"> • Knife crime – how not to react • Being kind • The implications of our actions • Our differences • British values • Managing my behaviour • Online behaviour 	SAFE WORLD – First Aid <ul style="list-style-type: none"> • Dialling 999 • Recovery position • CPR • Choking • Scalds, Burns, sprains • British values • FGM 	My World – Me, sex and my relationships <ul style="list-style-type: none"> • Relationships • Showing someone you like them • Delaying sex • Abuse in relationships • Sleep awareness • Domestic abuse • Gambling 	FREE WORLD – International Governance <ul style="list-style-type: none"> • The UN and its function • Where and why does conflict happen? • How is conflict managed? • Is war ever justified? • Rogue Nations • The nuclear deterrent
Year 10	Returning to school after lockdown	TOLERANT WORLD – Phobias and Extremism <ul style="list-style-type: none"> • Homophobia • Islamophobia • Extremism • Terrorism • Right wing • Fake news • Recruiting • Knife crime • LGBT 	SAFE WORLD – Contraception and STIs <ul style="list-style-type: none"> • Situations • Types of contraception • Types of STIs • Teenage Pregnancy • Consent • Laws surrounding sex • STDs 	AMBITIOUS WORLD – Work Discrimination <ul style="list-style-type: none"> • Appraisals • Work place unions • Disciplinary action • Harassment 	MY WORLD – Sleep education and sex education <ul style="list-style-type: none"> • The importance of sleep • Sexting • How to sleep well • What not to do • Sleep and exams • Pornography • Sexual health • Sexual exploitation 	AMBITIOUS WORLD – mortgages and managing money <ul style="list-style-type: none"> • Mortgages • Running a house • Bank interest rates • Budgeting • Grade awareness – university entry requirements • Gambling 	MY WORLD – Healthy Lifestyles <ul style="list-style-type: none"> • Healthy Eating • Balanced diets • Body image • Eating disorders • Drinking to excess • Dangers of drugs • Legal highs • Mental health • Substance abuse • An intro to cancer
Year 11	Returning to school after lockdown	MY WORLD – Revision <ul style="list-style-type: none"> • How to revise • Types of Revision • Creating a Revision Timetable • Revision Websites and Support • Coping with Revision stress • Revision objectives • Making your own revision resources. 	AMBITIOUS WORLD – CVs, Job Applications and beyond <ul style="list-style-type: none"> • CV writing • Letters of Application • Interview etiquette • Employment rights • Careers 	MY WORLD – Sleep & sex education <ul style="list-style-type: none"> • The importance of sleep • How to sleep well • What not to do • The benefits of sleep and the downsides of being over tired • Sleep and exams • Pornography 	FAIR WORLD – Current Affairs <ul style="list-style-type: none"> • Mental health • Drugs • Brexit • Kindness • Online issues 	AMBITIOUS WORLD - Revision <ul style="list-style-type: none"> • Revision methods • Revision for exams • Revision TT 	

Life Skills Curriculum Overview Sept 2020-2021 – Key Stage 5

		Unit 1	Unit 2	Unit 3	Unit 4	Unit 5	Unit 6
Year 12	Returning to school after lockdown	MY WORLD <ul style="list-style-type: none"> MADE training Study skills (booklets and presentations) Mobile phone addiction 	SAFE WORLD – prevent <ul style="list-style-type: none"> Radicalisation Racism Sexism Grooming Warwick university Gambling Betting apps LGBT Mental health awareness 	MY WORLD <ul style="list-style-type: none"> Statistics, benefits, dangers Driving test and laws Our simulator Sleep awareness Choosing a career Grade awareness Work experience 	SAFE WORLD – drugs and alcohol <ul style="list-style-type: none"> Festivals and holidays The laws surrounding Preventative methods Digital footprint Knife crime Addaction Diets – protein shakes, anorexia, bulimia Vaping Alcohol Drink driving 	SAFE WORLD – sex and consent <ul style="list-style-type: none"> Consent Pornography Laws Laws surrounding work – sexual assault, rights and entitlements Unions IVF and surrogates Pornography Sexting LGBT Teenage pregnancy 	FREE WORLD – International Governance and current affairs <ul style="list-style-type: none"> The UN and its function Where and why does conflict happen? How is it managed? Is war ever justified? Rogue Nations The nuclear deterrent <p>Form project and inter form debate on current affairs.</p>
Year 13	Returning to school after lockdown	MY WORLD – the future <ul style="list-style-type: none"> Reflection of year 12 CVs Macmillan coffee morning Organisation Time management UCAS 	SAFE WORLD – sex and consent <ul style="list-style-type: none"> Consent and laws Pornography Laws surrounding work – sexual assault, rights and entitlements Unions IVF and surrogates Pornography Sexting LGBT Alcohol <p>2 Fast 2 Soon</p>	MY WORLD – Revision Techniques <ul style="list-style-type: none"> Revision Websites and Support Coping with Revision Stress Revision objectives Making your own revision resources. Mental health Resilience Choosing a career 	AMBITIOUS WORLD – mortgages and managing money <ul style="list-style-type: none"> Help to Buy, Help to Buy ISA and mortgages Overdrafts, managing money and budgeting Bursaries Money lenders online Running a house 		

My world

Tolerant world

Safe world

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