PSHE and Life Skills Learning Journey

St George's Academy
aiming high to achieve excellence for all

Life Skills is an amalgamation of Social, Moral, Spiritual and Cultural Education and Guidance. Through Life Skills, students have the opportunity not only to visit relevant topics for their personal development, but also to build their skills of critical thinking, communication and problem solving. The programme covers both British Values and our own Academy Values.

6th Form

Responsible Nights Out
Preparing for A Level Exams
Mortgages and Budgeting
Learning to Drive
LGBT+ Relationships
Gambling
Consent & Rape
Festivals & Parties
Online Radicalisation
Hate Speech
Self-Harm
Anti-Social Behaviour
Cosmetic & Plastic Surgery
Sexism and Prejudice
Mental Resilience
Work Experience
Revenge Porn
Independent Living
Family Planning
Controlling Relationships
Date Rape

Year 11

SMART Targets
Revision Stresses
Sleep Awareness
Money Management
Post 16 Options
Curriculum & Jobs
Motivation & Work ethic
Numeracy & Literacy Skills
Problem Solving
FGM
Gang Culture
Knife Crime
County Lines
Revision Timetable
Revision Techniques
App Dating
CV Writing
Employability Skills
Careers
Hate Crime
Sexting
Revenge Porn
Pornography
Teenage Pregnancy
STIs
Situations
Islamophobia
Homophobia
Cancer Awareness
Obesity
Energy drinks
Body Image
Healthy Eating
Abuse in relationships
Delaying Sex
Screen Addiction
Consent
Contraception
Right Wing Extremism
Fake News
Transphobia
Exercise
Online Self Esteem
Relationships
CPR
Recovery Position
Dialling 999
Trolling
Prisons
Death Penalty
Crime & Punishment
What is crime?

Year 10

Black Discrimination
UK Black History
Black Lives Matter
Different Genders
Different Sexualities
Fake News
Human Rights
Rights & Responsibilities
Qualifications
Personal skills
Cannabis
Tobacco
Forced Marriage
Family relationships
Grooming
Privacy Settings
Sleep Awareness
Migration
Refugees
Immigration
UK Values
Being British
Healthy Diets
Puberty
Being clean
Being friends
Bullying
Resolving conflicts
Emotional Mapping
Hopes & Fears
Speech Writing
Sexism & Prejudice
Different Religions
Committing Crime
Youth Crime
Be the Judge
YouTube Radicalisation
Knife Crime
Coking
Burns, scrapes and sprains
Different Ethnicities
United Nations
Possible Careers
GCSE Options
Vaping
Alcohol
Mental Health
Cyberbully
Self-esteem
Internet Law
Internet Awareness
Gaming Addiction
Online World

Year 9

Rules and Routines
Form elections
Being different
Being me
Tolerating others
Racism
Helping others
Emotional Health
Intro to Sex

Year 8

Year 7